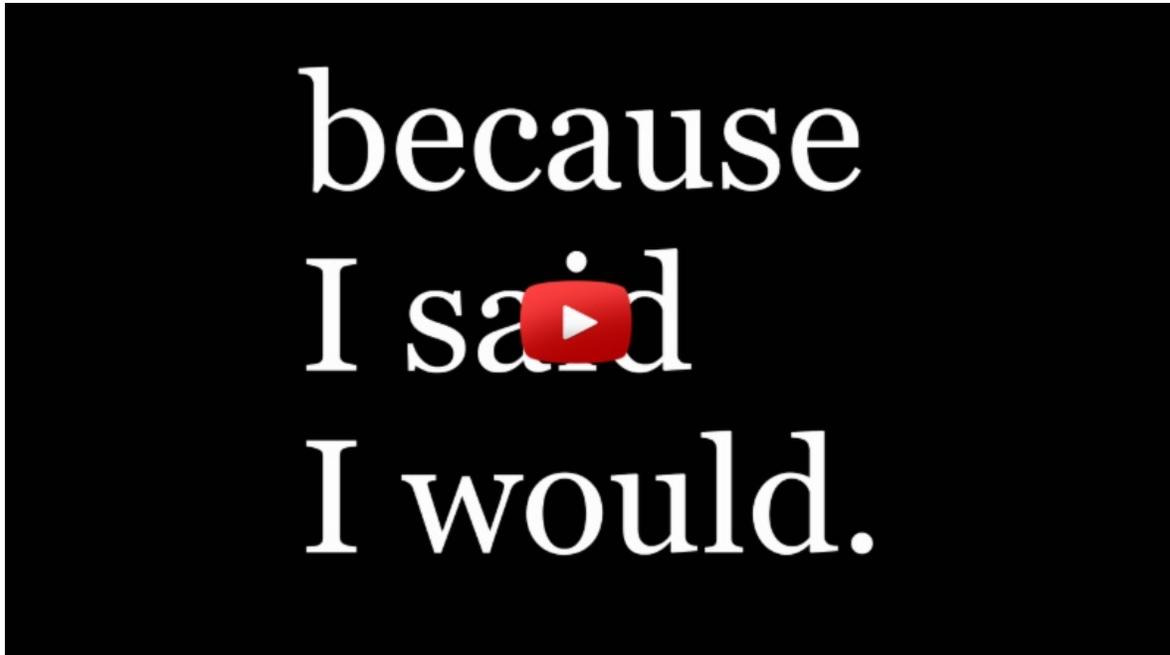


August Newsletter
would.

because I said I

The Easiest Way to Explain because I said I would.



We have a NEW "about us" video called ["What is because I said I would?"](#)
We are more than some Facebook page.
We are more than promise cards.

Watch and share the YouTube video here: <https://youtu.be/IGoKwXDKOC4>

Support the Cause

New Fundraising Website for the Movement

Dedicate your wedding, birthday, a memorial, or a special occasion to *the importance of a promise*.

You can now launch your own fundraising campaign for *because I said I would* through our new peer-to-peer fundraising platform. Help support:

- Character education programming for school-aged children
- Volunteerism through local chapters
- Global awareness campaigns, including providing promise cards at no cost



Birthday

Celebrate this year with the importance of a promise.

[CREATE A PAGE](#)



Memorial

Honor a loved one that was a person of their word.

[CREATE A PAGE](#)



Athletic Event

Do that 5k and impact the world around you as well.

[CREATE A PAGE](#)



Wedding

Honor your big commitment to each other and improve the world.

[CREATE A PAGE](#)



Classrooms

Fundraise with your school and teach kids the importance of a promise.

[CREATE A PAGE](#)



Special Occasion

Showers, graduations, anniversaries, any occasion is a good reason to fundraise.

[CREATE A PAGE](#)

[Click here to start your fundraising campaign!](#)

How to...

Because I said I would **Interview with Katie Spotz**

Katie Spotz is the youngest person in the world to row a boat solo across the Atlantic Ocean.

As an attending member of our Cleveland, Ohio [chapter](#) of *because I said I would*, Katie sat down with us and provided her perspective on commitment.

Get tips on how to face adversity and remain committed from Katie in our new video.



[Katie's Interview with because I said I would.](#)

A Promise Story

A Man Visits This Bridge Every Weekend

Since December 19th, 2003, a man named Chen Si has been visiting the Yangtze River Bridge every weekend. Chen patrols the bridge on foot and on his motorbike, looking for people who appear distraught. The Yangtze River Bridge is the most popular place in the world to commit suicide.



Chen approaches people who are preparing to end their life and tries to talk to them. Sometimes they are already over the railing, and he has to grab them and pull them back over.

Through his commitment, Chen has saved over 300 lives since 2003. He talks to these people and helps in what little ways he can. For example, Chen helped Shi Xiqing, a man who tried to commit suicide because of the \$15,000 bill for his daughter's leukemia treatment, by phoning him every week and talking to his creditors.

The movement wishes to show its appreciation to Chen Si for his dedication to the betterment of humanity through promises made and kept. If you know anyone who is going through depression, try to be there for them. We know it's not easy to do, but someone has to. Please know that resources are available at <http://suicidepreventionlifeline.org> and their hotline 1-800-273-8255.

Fight the good fight.

[Share this story on Facebook](#)

becauseisaidiwould.com

